

From November 2nd to November 5th, 2025, I had the opportunity to attend the 2025 American Public Health Association (APHA) Annual Meeting in Washington, D.C. I applied to this conference because of its relevance to a key component of my thesis: human rights-based analyses of public health issues. Specifically, APHA is home to a Human Rights Caucus, which hosted a Human Rights Forum at the Annual Meeting. At this forum, I presented my abstract entitled "Endometriosis, Preventable Suffering, and the Right to Health: A Human Rights-Based Analysis," co-authored with Associate Professor Po-Han Lee.

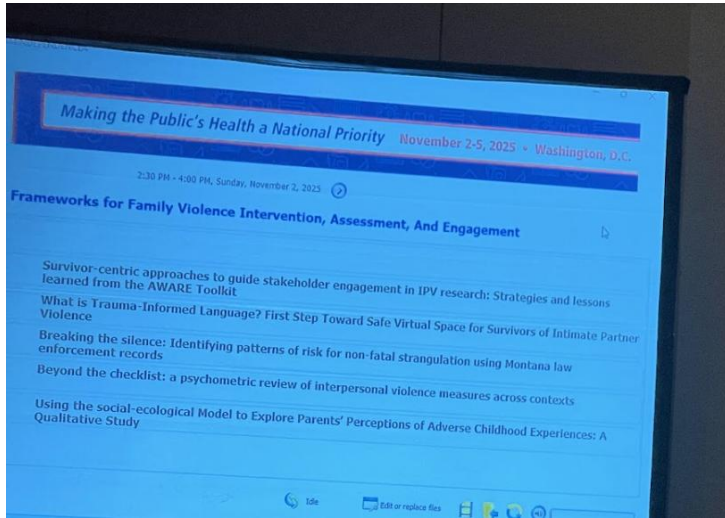
The presentation was a wonderful experience. I had the opportunity to discuss this research with a diverse audience, including physicians, public health practitioners, nurses, and people with lived experience of endometriosis. In particular, I connected with another endometriosis researcher in the United States, which was rare given how few public health researchers overlap in this particular subject area. During the presentation, I spoke about how my abstract was relevant to my qualitative interviews on endometriosis conducted at NTUH. Many attendees were curious about my research and asked more about how I became involved in Taiwan. I was happy to share about my experience at the College of Public Health.



Conference poster presentation.

I also had the opportunity to learn about other fields I am interested in, namely community health and women's sexual and reproductive health more broadly, and Asian American health. I attended numerous sessions, including both poster and oral presentations. Some notable sessions included: "Lessons Learned from CBPR and Community Engagement Projects"; "Teaching and Learning Health Justice"; and "A

Randomized Controlled Trial Assessing a Telehealth Community Health Worker Intervention to Manage Hypertension and Diabetes Among South Asians." APHA's vast scope made for a rewarding educational experience where I got to explore the diversity of public health and connect with scholars from many different fields. Moreover, I got to learn about health issues specific to various parts of the United States, such as Pacific Islander health in Hawaii and abortion care in rural, abortion-restricted states such as Indiana.



Selected photos from conference sessions. Top: *Asian American Pacific Islander health interventions*. Bottom: *Frameworks for Family Violence Intervention, Assessment, and Engagement*.

On November 4th, I attended a session called "American Journal of Public Health (AJPH) New Editor-in-Chief, New Era: 2026 and Beyond," where I learned more about the AJPH publication and editorial process. At this session, I connected with the Editor-in-Chief, Denys Lau. Dr. Lau and I have remained in touch since the conference.

Having the opportunity to attend the APHA 2025 Annual Meeting contributed to substantial career and academic growth. The opportunity to connect with scholars in diverse fields has already led to ongoing

collaboration. Most importantly, sharing about my research conducted at NTU and its relevance to human rights led to invaluable conversations and benefits.