

The NTU "Public Health E-paper" want submissions from YOU!

To promote communication between teachers, students, colleagues, alumni, members of other academic institutions, and the general public, the College of Public Health at National Taiwan University publishes its own "Public Health E-paper." Each issue will include a themed "Public Health Column" as well as a "Life Column" section. The "Life Column" section will span a range of different topics. It will feature life stories, club activities, and learning experiences, to name a few. Students, colleagues, alumni, and the experts or general public in the related areas are welcome to contribute.

To contribute, please note the following:

1. The 012 issue of Public Health Column will be called, " Winter Health: Key Factors in Infectious Diseases, Chronic Diseases, and Nutrition ".
Winter is a special season that is closely related to health. The issue of Public Health E-paper will explore how to stay healthy during the cold season, incorporating the topics of infectious disease, chronic disease, and nutrition. Here are some possible topics:
 - a) Winter Respiratory Diseases and Preventive Measures: Explore the causes of respiratory disease in winter and how to prevent it through vaccination, good personal hygiene, dietary habits and regular exercise.
 - b) Winter Sports and Activities: Describes how to stay physically active during the cold winter months, with suggestions for indoor and outdoor exercise.
 - c) Nutritionally Balanced Winter Diet: Discusses the dietary challenges of winter and provides recommendations for healthy food choices to strengthen the immune system.
 - d) Cope with seasonal mood: Discuss the causes of winter moodiness and provide ways to cope, including sun therapy and mental health support.
 - e) Chronic Disease Management: Explore the impact of cold weather on people with chronic diseases and how to effectively manage these conditions.
2. The 012 issue of Life Column will be open to any topic. In particular, we invite you to share your experiences working with a public health service team, at a public health camp, at summer internships, or any public health practical experiences you might have.
3. **The deadline for submissions is December 31, 2023.** The issue will be published on January 15, 2024.
4. The current editorial team members are Teacher YI-CHIN FAN and LING-WEI CHEN from the College of Public Health.
5. The decision to accept a manuscript for publication is up to the discretion of the editorial committee.
6. To make a submission, please **upload submitted articles to the online submission platform** (**Online submission link: <https://reurl.cc/x6LZnZ>**) before December 31, 2023. For publication and notification after acceptance, the content of the platform must indicate the service unit or department, professional title, contact number, and email in the manuscript.
7. If the manuscript has drawings, please attach a ***.jpg file to facilitate the typesetting.**
8. **The manuscript fee is \$1/per word and \$2,000 as the upper limit. The "Life**

Column” manuscripts are limited to 1500 words.

9. In order to protect copyright, please check the following before submitting:
 - (1) Please confirm that the submitted manuscript has not been published in other publications and that the text/pictures are original by the author; if it has been published in other publications, please seek permission from the original publication office for reproduction, and note where the publication is from.
 - (2) In order to encourage teachers, students, and colleagues to contribute and to maintain copyright, reprinted or published works, news, and event promotion will not be paid according to regulations.
 - (3) For all works accepted and published by this journal, the right of publication and reprint belongs to this paper. If you need to reprint or repost, please contact the editorial office.
9. If you have any questions, please contact our assistant, Chih-Hsuan Wu. (NTUPH.epaper@gmail.com)

Sincerely,

The Public Health E-paper Editorial Team